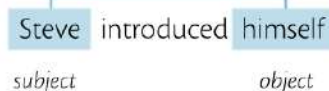


Myself/yourself/themselves etc.

A

Study this example:

Steve **introduced himself** to the other guests.We use **myself/yourself/himself** etc. (*reflexive pronouns*) when the *subject* and *object* are the same:

The reflexive pronouns are:

singular:	myself	yourself (one person)	himself/herself/itself
plural:	ourselves	yourselves (more than one person)	themselves

- ☐ I don't want you to pay for me. I'll pay for **myself**. (not I'll pay for me)
- ☐ Amy had a great holiday. **She** really enjoyed **herself**.
- ☐ Do **you** talk to **yourself** sometimes? (said to one person)
- ☐ If **you** want more to eat, help **yourselves**. (said to more than one person)

Compare:

- ☐ It's not our fault. **You** can't blame **us**.
- ☐ It's our own fault. **We** should blame **ourselves**.

B

We do not use **myself** etc. after **feel/relax/concentrate/meet**:

- ☐ I **feel** nervous. I can't **relax**.
- ☐ You must try and **concentrate**. (not concentrate yourself)
- ☐ What time shall we **meet**? (not meet ourselves, not meet us)

We normally use **wash/shave/dress** without **myself** etc.:

- ☐ He got up, **washed, shaved** and **dressed**. (not washed himself etc.)

You can also say **get dressed** (He **got dressed**).

C

Compare **-selves** and **each other**:

- ☐ Kate and Joe stood in front of the mirror and looked at **themselves**. (= Kate and Joe looked at Kate and Joe)
- ☐ Kate looked at Joe; Joe looked at Kate. They looked at **each other**.

themselves**each other**You can use **one another** instead of **each other**:

- ☐ How long have you and Ben known **each other**? or ... known **one another**?
- ☐ Sue and Alice don't like **each other**. or ... don't like **one another**.
- ☐ Do you and Sarah live near **each other**? or ... near **one another**?

D

We also use **myself/yourself** etc. in another way. For example:

- ☐ 'Who repaired your bike for you?' 'I repaired it **myself**.'

I repaired it myself = I repaired it, not anybody else. Here, **myself** is used to emphasise 'I' (= it makes it stronger). Some more examples:

- ☐ I'm not going to do your work for you. **You** can do it **yourself**. (= you, not me)
- ☐ **Let's** paint the house **ourselves**. It will be much cheaper.
- ☐ **The film itself** wasn't very good, but I loved the music.
- ☐ I don't think Lisa will get the job. **Lisa herself** doesn't think so. (or **Lisa** doesn't think so **herself**.)

82.1 Complete the sentences using **myself/yourself** etc. + these verbs (in the correct form):blame burn enjoy express hurt ~~introduce~~ put

- 1 Steve introduced himself to the other guests at the party.
- 2 Ben fell down some steps, but fortunately he didn't
- 3 It isn't Sue's fault. She really shouldn't
- 4 Please try and understand how I feel. in my position.
- 5 The children had a great time at the beach. They really
- 6 Be careful! That pan is very hot. Don't
- 7 Sometimes I can't say exactly what I mean. I wish I could better.

82.2 Put in **myself/yourself/ourselves** etc. or **me/you/us** etc.

- 1 Amy had a great holiday. She enjoyed herself
- 2 It's not my fault. You can't blame
- 3 What I did was really bad. I'm ashamed of
- 4 We've got a problem. I hope you can help
- 5 'Can I take another biscuit?' 'Of course. Help!'
- 6 You must meet Sarah. I'll introduce to her.
- 7 Don't worry about us. We can take care of
- 8 Don't worry about the children. I'll take care of
- 9 I gave them a key to our house so that they could let in.

82.3 Complete these sentences. Use **myself/yourself** etc. only where necessary. Use these verbs (in the correct form):concentrate defend dry feel meet relax ~~shave~~

- 1 Martin decided to grow a beard because he was fed up with shaving
- 2 I wasn't very well yesterday, but I much better today.
- 3 I climbed out of the swimming pool and with a towel.
- 4 I tried to study, but I couldn't
- 5 If somebody attacks you, you need to be able to
- 6 I'm going out with Chris this evening. We're at 7.30.
- 7 You're always rushing around. Why don't you sit down and ?

82.4 Complete the sentences with **ourselves/themselves** or **each other**.

- 1 How long have you and Ben known each other ?
- 2 If people work too hard, they can make ill.
- 3 I need you and you need me. We need
- 4 In Britain friends often give presents at Christmas.
- 5 Some people are very selfish. They only think of
- 6 Tracy and I don't see very often these days.
- 7 We couldn't get back into the house. We had locked out.
- 8 They've had an argument. They're not speaking to at the moment.
- 9 We'd never met before, so we introduced to

82.5 Complete the answers to the questions using **myself/yourself** etc.

- | | |
|--|---|
| <ol style="list-style-type: none"> 1 Who repaired the bike for you? 2 Who cuts Brian's hair for him? 3 Shall I tell Amy about your idea? 4 Who told you that Linda was going away? 5 Can you phone John for me? | <ol style="list-style-type: none"> 1 Nobody. I <u>repaired it myself</u>. 2 Nobody. He cuts 3 No, I'll 4 Linda 5 Why can't you ? |
|--|---|