**Lesson Plan Session 1**

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| Topic | Goals |
| Aims | Understand the structure of the courseSet goals for the English course |
| Growth Language Mindset Strategy | Understand the importance of having a growth mindsetEmphasise the importance of challenge and setting SMART goals. |
| Ability | Writing |
| Vocabulary | Related to student’s goals |
| Class Profile | Secondary students |
| Level of English | A2-A1 |
| Duration of lesson | 60 minutes |
| Materials | Growth Mindset Strategy:Video: Top 10 funniest language learning films: <https://www.youtube.com/watch?v=u9owthiBy3Y> Video: Growth Mindset versus Fixed Mindsets: <https://www.youtube.com/watch?v=KUWn_TJTrnU&t=40s> Power Point Presentation: SMART Goals Students’ handoutCourse Structure:Word document: Course structure |

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| Stage / Task  | Procedure | Time |
| Introduction | T. welcomes sts to the classT. explains sts the course structure | 10 |
| Task 1 | Task 1: Reflect about your difficulties when learning EnglishT. tells sts that learning a new language is not something easy and tells them that this is something that can be seen in films or TV series. T. shows sts a video with scenes that show that learning a new language can be hard sometimes.After watching the video, T. asks sts to think of the difficulties they find at the moment of learning English.Three students say their difficulties voluntarily | 15 |
| Task 2 | Task 2: Comprehend the importance of having a growth mindset and setting SMART goalsT. tells sts they will start the class by watching a video which explains the importance of having a Growth Mindset during the course.T. asks sts. if they remember how to set SMART GoalsT. shows an example of how to set SMART goals in the English class using a power point presentation. | 15 |
| Task 3 | Sts write down their SMART goals T. answers sts’ questions | 15 |
| Closing | T. tells sts they have to send her their SMART Goals to her email account before the next class. | 5 |