**Lesson Plan Session 1**

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| Topic | Goals |
| Aims | Understand the structure of the course  Set goals for the English course |
| Growth Language Mindset Strategy | Understand the importance of having a growth mindset  Emphasise the importance of challenge and setting SMART goals. |
| Ability | Writing |
| Vocabulary | Related to student’s goals |
| Class Profile | Secondary students |
| Level of English | A2-A1 |
| Duration of lesson | 60 minutes |
| Materials | Growth Mindset Strategy:  Video: Top 10 funniest language learning films: <https://www.youtube.com/watch?v=u9owthiBy3Y>  Video: Growth Mindset versus Fixed Mindsets:  <https://www.youtube.com/watch?v=KUWn_TJTrnU&t=40s>  Power Point Presentation: SMART Goals  Students’ handout  Course Structure:  Word document: Course structure |

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| Stage / Task | Procedure | Time |
| Introduction | T. welcomes sts to the class  T. explains sts the course structure | 10 |
| Task 1 | Task 1: Reflect about your difficulties when learning English  T. tells sts that learning a new language is not something easy and tells them that this is something that can be seen in films or TV series.  T. shows sts a video with scenes that show that learning a new language can be hard sometimes.  After watching the video, T. asks sts to think of the difficulties they find at the moment of learning English.  Three students say their difficulties voluntarily | 15 |
| Task 2 | Task 2: Comprehend the importance of having a growth mindset and setting SMART goals  T. tells sts they will start the class by watching a video which explains the importance of having a Growth Mindset during the course.  T. asks sts. if they remember how to set SMART Goals  T. shows an example of how to set SMART goals in the English class using a power point presentation. | 15 |
| Task 3 | Sts write down their SMART goals  T. answers sts’ questions | 15 |
| Closing | T. tells sts they have to send her their SMART Goals to her email account before the next class. | 5 |