

Transcript in English

Video: A Mind Map

A mind map is an extremely powerful thinking tool, which reflects externally what goes on inside your head.

Mind maps will help you learn and remember thousands of words and phrases far faster than traditional methods and this is for two main reasons.

Firstly mind maps provide a structure to learning by grouping related concepts together and this mirrors the way your brain organizes and stores new information.

Secondly mind maps are visual and research shows that the use of images in colour helps you recall all information, especially languages.

Mind maps also make wonderful revision tools. As such, mind maps are the perfect tool for learning a language, where remembering vocabulary is the most common problem cited by new learners.

So, how do you get started? Mind mapping this foreign language is going to be easy and it is going to be fun.

You start at the centre of your blank page, and let's imagine, for example, we are mind mapping vocabulary related to food in Spanish. Your central concept is “comida” (food).

You then draw branches that connect to this central scene. For example carne (meat) fruta (fruit) and you connect the sub branches to these. For example, of “fruta” you will have for apple “manzana” and so on, and so on as your mind map builds and builds and your language learning gets better and better.