

## Numbered apprenticeship standard K&S's for referencing

	You will be able to:	You will know and understand:
Physiotherapy practice	<p><b>S1</b> Take responsibility and be accountable for your decisions and actions as an autonomous practitioner.</p> <p><b>S2</b> Assess individual needs, using clinical-reasoning skills to diagnose and plan (e.g. to deliver advice or treatment, or make a referral).</p> <p><b>S3</b> Be sensitive to the needs, preferences and goals of individuals, working with them, their family and carers to plan and keep progress under review.</p> <p><b>S4</b> Use and advise on a range of physical and psychological approaches (including manual therapy, exercise, physical activity, clinical technologies and equipment) to optimise function, movement, mobility, independence and well-being.</p> <p><b>S5</b> Design and deliver individual and group rehabilitation activities.</p> <p><b>S6</b> Manage a clinical caseload to meet identified needs and contribute to efficient service delivery individually or as part of a team.</p> <p><b>S7</b> Promote health and well-being, advising on reducing the risk or effects of illness and supporting individuals to achieve reasonable, person specific goals e.g. walking following a stroke, self-management of a long-term breathing problem, reducing the risk of falls.</p> <p><b>S8</b> Include health technologies in how you deliver advice and interventions, in line with individual needs and available/accessible resources e.g. exercise apps.</p> <p><b>S9</b> Keep accurate, timely records of the care that you deliver.</p> <p><b>S10</b> Comply with all relevant health and safety requirements.</p> <p><b>S11</b> Use a range of communication approaches, in line with people's needs, to provide information, advice and solutions to patients, carers, health care professionals and those to whom you delegate activity.</p> <p><b>S12</b> Use contemporary quality evidence to inform your practice.</p> <p><b>S13</b> Effectively evaluate professional practice to inform personal and service development.</p> <p><b>S14</b> Raise and act on concerns about issues that may compromise safety, quality and risk.</p>	<p><b>K1</b> The structure and function of the human body in the context of health, disease, disorder and dysfunction, across the lifespan.</p> <p><b>K2</b> The biomedical, psychological, behavioural, physical and social science basis of physiotherapy practice.</p> <p><b>K3</b> Physiotherapy approaches to whole body systems including musculoskeletal, neurological, cardiovascular and respiratory systems, to enhance movement and to minimise loss of function.</p> <p><b>K4</b> Theories and approaches underpinning holistic assessment, rehabilitation, re-ablement, self-management and behaviour change.</p> <p><b>K5</b> Approaches to inclusive communication, engagement and partnership-working</p> <p><b>K6</b> The significance of population and patient health care trends for physiotherapy practice and service delivery.</p> <p><b>K7</b> The evolving evidence base underpinning physiotherapy.</p> <p><b>K8</b> Approaches to enabling access to appropriate physiotherapy services in line with need e.g. triage, self-referral.</p> <p><b>K9</b> Ways to evaluate and develop physiotherapy practice and service delivery through patient outcomes, clinical audit and data collection.</p> <p><b>K10</b> How to use a range of research methods to explore and develop physiotherapy.</p> <p><b>K11</b> The political, social and economic factors impacting on health and social care and physiotherapy service delivery.</p> <p><b>K12</b> The legislative and clinical governance frameworks in which physiotherapy is delivered.</p> <p><b>K13</b> The limits of your scope of practice and seek guidance where appropriate to ensure safe and effective interventions.</p>
Physiotherapy values and behaviours	<p><b>S15</b> Engage with and fulfil the ethics, values and behaviours that underpin physiotherapy practice and professionalism.</p> <p><b>S16</b> Take a person-centred approach to how you make decisions and act, including how you contribute to delivering physiotherapy and evaluate value and impact.</p> <p><b>S17</b> Fulfil all legal, regulatory and professional requirements and standards relating to being a physiotherapist</p> <p><b>S18</b> Demonstrate an inclusive, culturally aware approach to your physiotherapy practice and act as an advocate where appropriate.</p>	<p><b>K14</b> The ethics and values underpinning UK physiotherapy practice and professionalism</p> <p><b>K15</b> The legal, regulatory and professional requirements and standards to which you need to adhere as a physiotherapist.</p> <p><b>K16</b> The significance of your behaviour outside your physiotherapy role for your personal standing and the profession's reputation.</p> <p><b>K17</b> How to engage with people in non-discriminatory ways, obtain informed consent, maintain confidentiality, uphold data security, and appropriately report any issues that may impact on your own capacity and capability to practice.</p>
Development of self and others	<p><b>S19</b> Reflect on your practice and learning, actively engage in supervision, acting on feedback from others, be self-aware and identify areas for your own development.</p> <p><b>S20</b> Advocate for the physiotherapy profession through your actions and communication.</p> <p><b>S21</b> Demonstrate leadership in how you engage and interact with others.</p> <p><b>S22</b> Facilitate learning through designing and delivering activities for patients, students, colleagues etc.</p>	<p><b>K18</b> Your responsibility to engage in career-long learning to maintain and develop your competence and scope of practice.</p> <p><b>K19</b> HCPC and CSP regulatory, professional and employment requirements to demonstrate your professional development</p> <p><b>K20</b> Developments in physiotherapy, their significance and implications for your practice.</p> <p><b>K21</b> Theories and approaches to leadership and management.</p> <p><b>K22</b> How to design and deliver learning activities for individuals and groups, to meet intended learning outcomes.</p>
Professional engagement	<p><b>S23</b> Engage in professional networking, recognising its importance for your own and others' professional development.</p> <p><b>S24</b> Keep up-to-date with developments in physiotherapy practice, models of service delivery and the profession's evidence base.</p> <p><b>S25</b> Share information, ideas and solutions to contribute to knowledge transfer and quality improvements.</p> <p><b>S26</b> Respect and engage with the role and contributions of others who contribute to meeting health and social care needs.</p>	<p><b>K23</b> Available professional peer support networks relevant to your career and areas of professional interest.</p> <p><b>K24</b> How to search, appraise and use literature and other resources relating to physiotherapy practice.</p> <p><b>K25</b> How you can share information, findings and ideas with others in a range of formats and through a range of media.</p> <p><b>K26</b> The dynamic, evolving nature of physiotherapy, including in international, inter-professional and policy contexts.</p> <p><b>K7</b> Models of health and social care delivery, including multi-disciplinary teams and inter-agency collaborations.</p>